



## **Childcare Homes and Childcare Group Homes Licensure - SIDS Update**

Effective June 18, 2008, Childcare Homes and Childcare Group Homes will be required to follow new Safe Sleep requirements.

Every parent with an infant in childcare should make certain that their provider is aware of the changes. In summary,

- 1) When the infant cannot rest or sleep on her/his back due to disability or illness, the caregiver shall have written instructions, signed by a physician, detailing an alternative safe sleep position and/or other special sleeping arrangements for the infant. The caregiver shall sleep the infant in accordance with a physician's written instructions.
- 2) When an infant can easily turn over from the back to tummy position, the infant shall be put down to sleep on his/her back, but allowed to adopt whatever position the infant prefers.
- 3) Infants unable to roll from their stomachs to their backs, and from their backs to their stomachs, when found facedown, shall be placed on their backs.
- 4) No infant shall be put to sleep on a sofa, soft mattress, car seat or swing.
- 5) When an infant is awake, the infant shall be placed on his/her tummy part of the time and observed at all times.
- 6) No positioning device that restricts movement within the child's bed shall be used without written instructions from the child's physician. Soft bedding, bumpers, pillows, quilts, comforters, stuffed toys, laundry and other soft products shall be removed from the crib when children are napping or sleeping. If using a blanket, put the child with feet at the foot of the crib. Tuck a thin blanket around the crib mattress, reaching only as far as the child's chest.

Effective January 1, 2010, all prospective childcare providers must have SIDS training in order to obtain their license.

Effective January 1, 2011, all existing childcare providers must have SIDS/SUID training every three years to maintain their license.